

Are You Ready for Your Next Chapter?

Answer these quick questions with Yes or No. Your responses may reveal if you're ready for a powerful reset.

1. Do you often say yes when you'd rather say no?
2. Do you feel like you've outgrown parts of your life but aren't sure what's next?
3. Do you spend more time caring for others than prioritizing yourself?
4. Do you feel more uncertain or overwhelmed about your future than excited?
5. Do you wish you had clearer boundaries, more confidence, or stronger direction?

If you answered 'Yes' to 3 or more questions, you're ready to start your next chapter — and it may be closer than you think!

Scan here to receive your free Reset Guide and next steps. Brought to you by Empower'd Life Coaching — Ready for Your Next Chapter?